



CoffeeShape Slimming Green Coffee @ Glow Retreat



CoffeeShape Slimming Green Coffee

What is Coffee Shape Green coffee made up of?

100% green coffee beans and a blend of Coffee Arabica for the taste and the aroma of coffee.

What are Green Coffee beans?

The coffee plant is a small tree which produces fruit, called cherries. As part of the harvesting and production process, the cherries are dried in the sun until their flesh splits and releases the bean contained inside. This bean is known as green coffee and it remains unroasted.

Why does it matter if the coffee bean is green?

Green coffee beans have certain health benefits that roasted beans do not.

How does Coffee Shape Slimming Green Coffee work?

Coffee Shape Slimming Green Coffee is made from 100% green coffee beans. In their unroasted state, green coffee beans have natural weight loss properties, which are only present when treated properly in the extraction process. The extraction process activates the green coffee bean. The green coffee bean reduces the absorption of sugar from the foods you eat, [by turning it into energy]. In a nutshell, Green Coffee extract promotes weight loss by the conversion of fat into energy.

Do I need to use Coffee Shape Green Slimming Coffee in conjunction with exercise and a healthy diet?

Yes, Coffee Shape Slimming Green Coffee is a tool to support your weight loss journey, not the solution.

Is Coffee Shape Green Coffee suitable for me?

Hundreds of people derive great benefits from drinking Coffee Shape Slimming Green Coffee, but like all products, it is not suitable for everyone, it is not recommended for:

- Those suffering from cardiac conditions, high blood pressure or diabetes.
- During pregnancy or for nursing mothers.
- Anyone under the age of 16 years of age.

Should I drink much water when I'm using Coffee Shape Slimming Green Coffee?

Yes. We recommend that you drink up to 3 litres of water everyday. This is very important because your body needs the lubrication to release toxins in your fat and flush them out of your body. By not drinking this recommended amount you may become constipated- so drink up to loosen up!

How many sachets are in a box of Coffee Shape Slimming Green Coffee?

A box of Coffee Shape Slimming Green Coffee has 14 sealed 'one cup' sachets.

How much caffeine is in Coffee Shape Slimming Green Coffee?

Coffee Shape Slimming Green Coffee does not contain more than 60mg of caffeine in one sachet.

What are the key ingredients in the Coffee Shape Slimming Green Coffee?

Each sachet contains:

- Coffee Extract (fruits) 2820mg
- Dried Green Coffee Extract (fruits) 180mg
- Including 45% Chlorogenic Acid (81mg) (this is naturally occurring in the green coffee extract, and is extracted, not added to the formula)

Does coffee contain antioxidants?

Yes it does. Coffee is one of a number of foodstuffs that contain antioxidants. Others include soya beans, red wine, onions and olives.

Benefits

- **Sustainable Weight Loss.** Coffee Shape Slimming Green Coffee supports weight loss for men and women in conjunction with a properly designed diet and exercise plan.
- **Lose the right type of weight.** Coffee Shape Slimming Green Coffee helps you lose the right type of weight, which is fat, rather than lean body mass.
- **May help to shift the stubborn weight.** In their unroasted state. Green coffee beans have natural weight loss properties. In a nutshell, they decrease fat absorption and promote the conversion of fat into energy.
- **Cost effective.** Coffee Shape Slimming Green Coffee costs the same as a cappuccino, but it offers far more health and slimming benefits.
- **Contains Antioxidants.** Antioxidants are known to protect against "oxidative stress" by "mopping-up" damaging free radicals that are implicated in cancer, heart disease, degenerative brain disorders and aging.
- **Feel energized.** The content of caffeine from a green coffee bean offers a more substantial level of energy over a longer period of time.